




What's Happening at the Y!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Upcoming Swim Lessons October 3 – 19 & Oct 31 – Nov 16	4	5 Upcoming Parent & Child Swim Lessons Ages 6 months – 3 years October 5 - 26	6 Bring a Friend for FREE the first Friday of every month!	7  American Red Cross Babysitter Training 9:30am – 4:00pm
8	9	10	11 Register for FALL II Aqua Zumba! Oct 25 – Dec 3 Wed, 6:30-7:15pm 	12	13	14
15	16	17 MEMBER SOCIAL Home Fire Safety Talk with Virginia Fire Dept. 11:30am – 1:00pm	18	19 3rd Annual WURST PARTY EVER 6:00 – 8:00pm 	20 School's Out Days at the Y! (October 19-20) Register online at MESABIYCA.ORG .	21
22	23 Log Rolling Open House 6:30 – 7:15pm FREE and open to the public!	24	25	26	27	28
29 Pool Will be CLOSED for monthly maintenance. Thank you for your patience and understanding.	30 Log Rolling Open House 6:30 – 7:15pm FREE and open to the public!	31	Registration is OPEN for Happy Feet FUNDamentals! November 1 – 29 Wed, 5:15-6:00pm	FALL HOURS M-F: 5am – 10pm SAT: 7am – 6pm SUN: 10am – 6pm		KID CARE HOURS MON-THURS: 8:30am – 12pm 4pm – 7:30pm FRI: 8:30am – 12pm

OCTOBER EVENTS

○ BE COOL AFTER SCHOOL

The YMCA Afterschool Program provides YMCA facilitated childcare at local elementary schools for children pre-K through 6th grade.

- All Locations, 2:30 – 5:30PM:
 - Mt Iron School District
 - Merritt Elementary
 - Virginia School District
 - Parkview Learning Center
 - Chisholm School District
 - Vaughan-Steffensrud Elementary
 - Hibbing School District
 - (Students from Lincoln Elementary will be bussed to both sites)
 - Greenhaven Elementary
 - Washington Elementary
- **2017-2018 Afterschool Program Registration Forms can be found online.** Please visit our website at MESABIYMCA.ORG for more information.

○ LOG ROLLING OPEN HOUSE NIGHTS

This is your chance to come try log rolling for FREE. This event is FREE and open to the public!

- **Monday, October 23, 6:30 – 7:15pm**
- **Monday, October 30, 6:30 – 7:15pm**

○ FALL LOG ROLLING SESSION

This class is open to anyone ages 5 and up. The sport of log rolling promotes balance, leg and core strength, cardiovascular endurance and overall functional coordination.

- **Nov 6 – Dec 11, Mondays 6:30 – 7:15PM**
- **Registration is now open!**
REGISTER: Online at MESABIYMCA.ORG, by phone at 749-8020 or in person at the Y!

3rd Annual WURST PARTY EVER Fundraiser!

Thursday, October 19, 6:00 – 8:00PM
Mac's Bar & Grill in Mt. Iron

Join us for a night of craft beers, local specialty bratwurst, music, split-the-pot raffle, life-sized jenga, heads-or-tails and MORE – ALL TO SUPPORT THE Y!

SPACE IS LIMITED! This evening is open to just 50 people so be sure to reserve your spot today! Registration can be done online at MESABIYMCA.ORG, by phone at 749-8020 or in person at the Y!



Proceeds from this event will help the Mesabi Family YMCA offer more health, more hope and more opportunity to everyone in our community.